

WHAT WE DO

At Pura Vida Youth, we are constantly growing and innovating! Our goal is to provide a wide-range of enrichment options for children with the purpose of impacting families and communities. Our relevant classes are designed to meet the needs of the communities that we serve in real and tangible ways. By addressing the mental, emotional, spiritual, and physical needs of the youth that we serve, we will positively affect the family, and work to transform our communities. Join us in making change and get involved with Pura Vida today!

GET INVOLVED WITH PURA VIDA

The Pura Vida mission is to uplift, equip, and support local and international communities of color. We fulfill this mission daily through our many Pura Vida initiatives and community partnerships. Please take a moment and connect with our brand, connect with our mission, and connect with your community.



ABOUT PURA VIDA YOUTH

Pura Vida Youth was founded by a father. This father had a simple vision- for his daughter to have the best possible opportunities, experiences, and access to quality programming that existed. His personal mission has since become our community mission:



“To provide relevant and applicable learning opportunities to youth that evoke curiosity, a thirst for learning, and a respect and appreciation for self and community.”



Connect with us online or call us today to find out how we fulfill our daily mantra to “give kids the very best.”

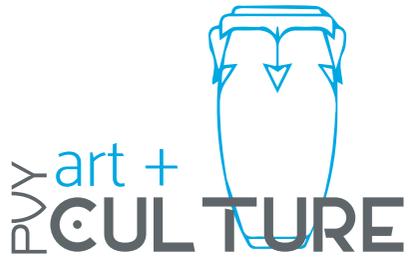
f @PuraVidaYouth
www.puravidayouth.com



TEACHING A CHILD IMPACTING A COMMUNITY

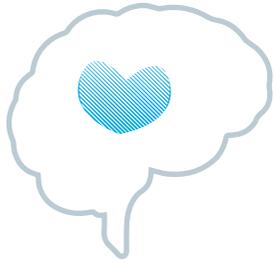
Cultivating the future and broadening horizons through enrichment designed to educate, discover, and inspire.





ART+CULTURE

Art and culture is never boring with Pura Vida Youth! Through painting, clay-work, storytelling, and other activities, we make culture come alive! Come to one of our classes and watch as we explain the cultural significance of the drinking gourd...and make our own! From paintings to kente cloth skirts, this hands-on class will enrich the children's knowledge and appreciation of different cultures.



emotional INTELLIGENCE EMOTION TALKS

This course is centered around the belief that there is no inherent 'good emotion' or 'bad emotion.' Our focus is understanding self and why we respond the way we do in certain situations. The class takes place with a group of peers and will result in children being more aware of their emotional state so that they can intelligently choose how to respond, instead of just reacting. At the completion of this class, you can expect children to have less disciplinary issues and to hold each other accountable in and out of the classroom.



YOGA+MEDITATION

Charged with addressing disciplinary concerns at home and in school, our goal is to give children a moment of tranquility in an otherwise crazy day. Focusing on breathing, concentration, and the release of negative energy and thoughts, this course will equip students on how to emotionally, mentally, and physically process stress and how to gain self-control in their everyday life



tech + ENTREPRENEURSHIP TECH + ENTREPRENEURSHIP

This exciting enrichment course produces little entrepreneurs! With a focus on technology and it's uses in the 21st century, children will develop an understanding of business, marketing, discipline, electronics, and how to apply their unique skill-sets to be savvy entrepreneurs even at a young age! At the end of the semester, you can expect the children to be noticeably more mature and forward thinking in their approach to life and learning.



HISTORY+DANCE

Let's get moving! Teaching the history, language, and culture of Afro-Latin dance, students in this class will learn the basics of either Afro-cuban salsa or Dominican Republic born bachata! Come learn with us and watch as the kids transform from nervous gigglers to partner dancers in this exciting course that culminates in an end of semester performance!

